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FACE BOOK:  
Rotary Club Cape of Good Hope

## *The Cape of Good Hope's Whale Tales*

## # 6 September 2022



**As Siswe Abrahams** poignantly shared his "Journey to Sobriety" with us , there was a hush around the room, and nobody moved a muscle as we listened to this powerful man, humbly share his story and bear his heart. It was a story of fear, anger, heartbreak, hardships, broken relationships with love lost, and more ..... yet ends with his triumph over alcohol and his his personal demons, which have resulted in the blessing of his now 25 years of sobriety – achieved just "One Day at a Time"

Siswe works at the False Bay Hospital where his humanitarian and life skills are a blessing to all the patients

**Marcel van den Berg** a Rotarian from the **RC of Wateringen** in the Netherlands, ( see picture) who spends some months here in Cape Town every year. He was at the meeting and presented his Club banner to President Susan, who reciprocated with our own banner. This is a wonderful Rotary tradition that strengthens our international connections and friendship



We had a wonderful **SPRING BASH** on Saturday night followed by the **SPRING SPLASH** on Sunday, which not even the rainy skies could dampen.

I will share some pictures with you all next week, so don't miss it 😊

In the meantime all accolades to MANU CHOUDREE who was the only Rotarian to go into the water for a swim. Manu you are a HERO!!!! Picture to follow



**FUN..D RAISING DUCK RACE SATURDAY 12 NOVEMBER –**

**Time: 10am -2pm At Glencairn GORDONS Rotary Camp**

**We all need to assist in selling ducks at R100** Snapscan Craft and Food Stalls **per duck.**

Kids competition “ Best looking dressed up Duck-Kid”

**LOADS OF FUN and Music !!! Save the date and BE there!!!! & SELL DUCKS**

## Planned Club Meetings August – September 2022

ROTARY THEME			<b>BASIC EDUCATION &amp; LITERACY</b>	
	<b>Tuesday 6 Sept</b>	<b>ZOOM</b>	<b>Speaker- Marion Thomas – Social Worker @ False Bay Hospital</b>	<b>7pm</b>
<b>BOARD</b>	<b>Monday 12 Sept</b>	<b>Galley</b>	<b>BOARD MEETING</b>	<b>7pm</b>
<b>RAID of RC Constantia</b>	<b>Tuesday 13 Sept</b> <b>All members to please attend</b>	<b>RAID</b>	Stephen Bredenkamp explains “The Dark Web & Onions”- Learning about the back rooms & Intricacies of the Internet A fascinating and enlightening talk we should all enjoy	<b>7pm</b>
<b>BUSINESS</b>	<b>Tuesday 20 Sept</b>	<b>ZOOM</b>	<b>BUSINESS MEETING</b>	<b>7pm</b>
<b>Speaker</b>	<b>Tuesday 27 Sept</b>	<b>Galley</b>	<b>International Toast</b>	<b>7pm</b>

### CLUB MEETING - DUTY ROSTER

<b>WELCOME - Pres Susan</b>	<b>Tuesday 6 September</b>
<b>Toast to Rotary International</b>	Christine Mueller
<b>LOYAL TOAST to South AFRICA</b>	Maughreen Ladbrook
<b>SECRETARIAL &amp; AG NOTICES</b>	Bev Frieslich
<b>Introduce Speaker</b>	Irene Butterworth
<b>SPEAKER &amp; TOPIC</b>	<b>No Speaker</b>
<b>THANK SPEAKER</b>	
<b>SERGEANT/ FOUNDATION GIVING</b>	Kirti Patel
<b>FOUR WAY TEST</b>	Jane White