



31

of

2020/2021

ROTA VIEWS

6 April 2021

**The Weekly Newsletter of the
Rotary Club CAPE OF GOOD HOPE**



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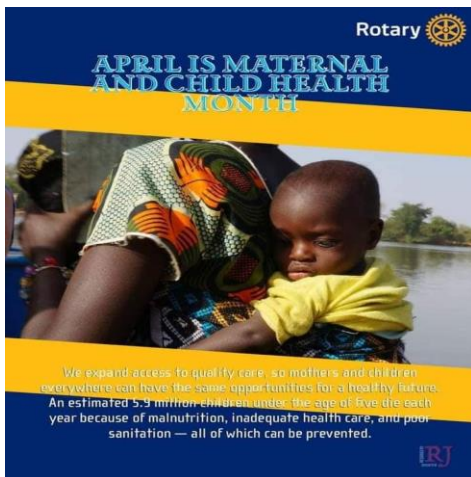
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FACE BOOK

[Rotary Club Cape of Good Hope](https://www.facebook.com/RotaryClubCapeofGoodHope)



APRIL is Maternal & Child Health Month

CLUB NEWS

Tuesday 30th March 2021

The 5th Tuesday of March was celebrated with a 'Bye' for Tuesday night and replaced with a visit to Kirstenbosch Gardens organized by Marge. It was a wonderful day, and we were blessed with perfect weather.

It was so nice to be together in a social gathering and catch up with

each other. Sadly only a few could make it, but we made up for it in spirit!

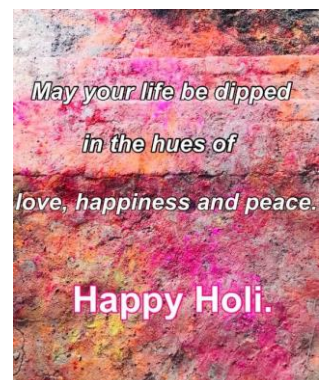
Koos and Antoinette led the group consisting also of both Gillian and Gillean plus Marge, Fred, Bev, and her friend Hazel Birns who has recently relocated from Gauteng. We will hopefully do it again !



We celebrate four religious' occasions in order:

Easter, Holi (Hindi), Passover and Ramadan.

Our best wishes to them all for every joy and blessing



Tuesday 6th April 2021

At our Zoom meeting on Tuesday we will have Lennie Metcalf from the Friends of Child Protection to tell us more about their organisation and the work they do.

Monday 12th April 2021

Board members are reminded of the Board meeting at 7pm on Zoom.

Monday 12th April 2021

Our FIRST "Open" meeting since lockdown to be held at the Conference room at the Glencairn Camps starting at 7pm. Everyone to please bring their own drinks and food so that we comply with Covid-19 restrictions.

Tuesday 20th April 2021 - The Celebration of 100 years of ROTARY in AFRICA

We have secured an excellent guest speaker, **Dr Shirley Zinn** for the night and have already had three Clubs asking if they can raid us. This is one meeting not to be missed, as she will be sharing the story of her path to success and achievement. Invitation has gone out on Club Runner Login details will be forwarded later

DISTRICT NEWS

District Governor Elect (DGE) Ian Robinson has his District Assembly – Saturday 17 April from 8:15 to 11am More details will be made available closer the time.

Easter is a time for gratitude and giving thanks.

Our club and our communities of Ocean View and Masi have been spoiled with generous donations towards the various parties by the **Claremont Rotary Club** who kindly donated the lions share of our contributions, in recognition of the spirit of generosity and civility shown by both communities to the Cape Cycle Tour organizers over the years.

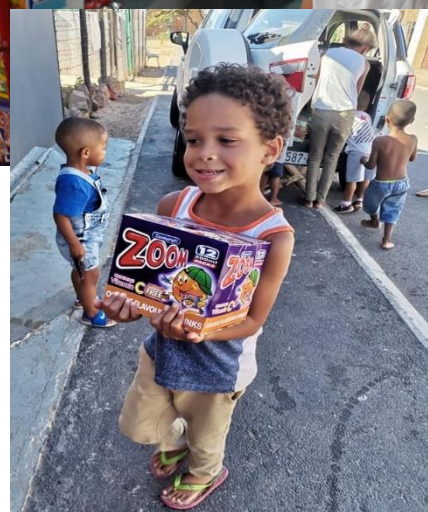
Assisted by Rotarian **Lisa Morke** from Claremont Rotary Club, Bev arranged for the handover of the goodies... much to the delight of the children. Grateful thanks to all who were involved. More pictures to follow.



Bev & Lisa with the very excited kids



It was a BIG shop to do!



ROTARY CLUB OF HELDERBERG SUNRISE

RC Helderberg Sunrise have scheduled a fund-raising talk by **Clem Sunter on Thursday 15 April 2021 at 19:00** using zoom technology. Access to the meeting needs to be booked through **Quicket at a cost of R100 plus a booking fee of R5**. Helderberg Sunrise want to attract 1 000 persons to the talk and believe that they need to invite 20 000 persons to reach that figure.

ROTARY INTERNATIONAL NEWS

ROTARY AFRICA CENTENNIAL CONFERENCE -- ALSO D9400 DISTRICT CONFERENCE

District 9400 will host the All-Africa Centennial District Conference.

This centennial year will be a memorable one, uniting all Rotarians in Africa, celebrate and honour the accomplishments of the last 100 years. The past successes laid a solid foundation forward and upward in the next 100 years. All members are encouraged to buy a \$20 (approx. ZAR300) entry ticket and join us for the two-day conference.

It is an historic moment – we will leave a legacy and you are part of it!

Programme Day 1

Control-Click https://clubrunner.blob.core.windows.net/00000050107/en-au/files/sitepage/rotary-africa-centennial/programme---day-1/Rotary-Programme-Day-1_24-April-2021.pdf

Programme Day 2

Control-Click https://clubrunner.blob.core.windows.net/00000050107/en-au/files/sitepage/rotary-africa-centennial/programme---day-2/Rotary-Programme-Day-2_25-April-2021.pdf

More information <https://rotary9400.org.za/sitepage/rotary-africa-centennial>

Club Meeting & Speaker Programme March to May 2021

Speaker	Tuesday 6 APRIL	Zoom	Lennie Metcalf – Friends of Child Protection Peter Gray – to give his Vocation talk	
POETS	Saturday 10 APRIL	Zoom	POETS	
	Monday 12 APRIL	Zoom	District PI Webinar – LIVING the 4WAY TEST	6pm
Board Meeting	Monday 12 APRIL	Zoom	BOARD MEETING	7pm
Business Meeting	Tuesday 13 APRIL	Rotary Camps	Business Meeting	7pm
DISTRICT ASSEMBLY	Saturday 17 APRIL	Zoom	DGE Ian Robertson	8;30 to 11am
Rotary in SA 100 Yrs	Tuesday 20 APRIL	Zoom	CELEBRATION – Speaker TBC	7pm
Public Holiday	Tuesday 27 APRIL		PH - Freedom Day – NO ROTARY	
D9350 CONFERENCE	Saturday 1 MAY		Details to be confirmed	All day

CLUB DUTY ROSTER

	Tuesday 6 APRIL	TUESDAY 13 APRIL
WELCOME by PRESIDENT KOOS	Members & guests	Members & guests
LOYAL TOAST to S AFRICA	Gillian Anderson	Gillean Arnott
TOAST to RI & Overseas Club	Marge Upfold	Jean Smythe
TOAST to Frontline Workers	Kirti Patel	Susan O’Hagan Ward
SECRETARIAL NOTICES	Bev Frieslich	Bev Frieslich
Introduce Speaker	Marge Upfold	
SPEAKER & TOPIC	Lennie Metcalf Friends of Child Protection	Business Meeting
Thank Speaker	Maughreen Ladbrook	
SERGEANT	Peter Gray	Christine Mueller
FOUR WAY TEST	Alan Ferguson	Bev Frieslich
THANK YOU & GOODBYE	President Koos	President Koos

SOMETHING NOT RIGHT?

The inventor of the treadmill died at 54
 The initiator of gymnastics died at 57
 A world body building champion died at 41
 The best footballer, Maradona, died at 60
 But then
 The KFC founder died at 94
 ... of Nutella died at 102
 ... of opium at 116 in an earthquake
 ... of Hennessy at 98

Something a bit crazy!

Life is what happens while you are busy making other plans. — John Lennon
 Learn to be indifferent to what makes no difference. — Marcus Aurelius
 The truth is in you — how much room do you give it? — Laurent F. Carrel
 The expert at anything was once a beginner. — Helen Hayes
 I do not feel obliged to believe that the same God who has endowed us with sense, reason, and intellect has intended us to forgo their use. — Galileo Galilei
 When you carry out acts of kindness you get a wonderful feeling inside. It is as though something inside your body responds and says, yes, this is how I ought to feel. — Rabbi Harold S. Kushner
 The weak can’t forgive. Forgiveness is the attribute of the strong. — Mahatma Gandhi
 I kept, I lost. I have, I gave. I gave, I gained. — Persian Proverb
 Just one small positive thought in the morning can change your whole day. — Dalai Lama
 If you can’t feed a hundred people, feed just one. — Mother Teresa
 Things must be felt with the heart. — Helen Keller
 Thanks to Graham Katzenellenbogen (Sandton RC)