



Rotary
District 9350



16

of 2020/2021
ROTA VIEWS

20 October
2020



The Weekly Newsletter of Rotary Club CAPE OF GOOD HOPE

October Rotary Theme is: Economic & Community Development Month

“Be a Billionaire in the currency of HOPE”

That’s what our **Guest speaker, Steve Reid** advised for us all

“It’s easy” he said, *“to get sucked into Bad news. Rather be a carrier of Hope”*

Looking at the economy from a Covid-19 point of view, we know that 2.2 million jobs have gone, the GDP is down 17%, many lives have been lost, together with Hope and Dignity. So, it is the time for us all to THINK and DO, but “WHAT ?” He gave us 5 pointers as a **FRAME**:

1. **FOCUS** – on what you **have**, on what you **can control**; Look for levels of support and write *motivating nuggets* to yourself to lift your spirits
2. **REFRAME** – look at everything differently- focus on what is **RIGHT** and look for any opportunities. Ask “ What can |I do differently?”
3. **AUDIT** – Look at your strengths; relook at your experiences and capacities of what you have gone through. What has added value to your life? Is there something you could pass on to someone else and help them too?
4. **MENTOR**- Coach, support and assist others
5. **ENGAGE** with problems in a ‘Solution’ mentality. Put HOPE into the frame.



There are five VALUES that great Mentors share:

- Accessibility
- Authenticity (How you have managed and struggled)
- Objectivity
- Continual Learning
- Values – VALUE the person, and ‘be a man of your word’

Steve referred us to the book that he has written called “Entrepreneurship- Developing True Grit” which he sells at a generous price of R100. The book is available from False Bay TVET College in Westlake where he is the Director for the Centre of Entrepreneurship/ Rapid Incubator.

Steve lives in Fish Hoek and gave grateful credit to the Rotarian Mentors in our District that have worked most successfully with many of his students. He has offered to run a Mentor Training group with those of us who may be interested in becoming mentors. Bev will collate the names.

Steve Reid was an excellent speaker who left us with many ideas, some new wisdom and also a hunger to a learn more and go out and help where we can. Steve, we thank you, most sincerely.

PRESIDENT

Koos Burger 083 484 0294
info@rotaryyouthcamps.co.za

SECRETARY & EDITOR

Bev Frieslich 082 825 6053
bevrieslich@telkomsa.net

TREASURER

Irene Butterworth 082 650 6394
irenebutterworth4@gmail.com

WEBSITE

www.rotary9350-capeofgoodhope.co.za

FACE BOOK

[Rotary Club Cape of Good Hope](#)

Cape of Good Hope Board Meeting

President Koos presided over his first face-to-face Board meeting last night at the Conference Centre of the Youth Camp.

It was lovely to be able to sit and chat in a “normal” environment – albeit it under strict Covid-19 restrictions. More about that in next week’s newsletter



District News

COVID OPENED OPPORTUNITIES

THE POSITIVE STORIES

Saturday 24th October 08:45 - 16:45

Rotary 9350 Mini-Conference 2020



All members are invited to attend the Mini Conference and support our DG Carl -Heinz plus the COGH members who are presenting. See the programme below

8:55 Call to order MC’s DGE Ian Robertson & DGN Tracey Wilson

9:00 Welcome DG Carl-Heinz Duisberg

9:01-9:15 Link-up with RI President RIP Holger Knaack

9:15-9:20 Thanking RIP DG

9:20-9:35 2019/20 Citation Awards PDG David Holtzhausen

9:35-10:00 **Rotary Family Health Day Bev Frieslich**

10:00-10:30 District Cluster Feedback AG’s and Support teams

- Angola AG Manuel de Deus & Team
- Namibia AG’s Ariadne Hartmann & Ockert Theron & Team

Coffee-Break – 15 minutes 15 minutes

11:00-11:15 Call to order MC’s

11h15-11:20 District Cluster Feedback continued AG’s and Support teams

- 11:20-11:50 - Southern Cape AG Sune Ruppung & Team
- 11:50-12:20 - City Region AG Lizelle De Wet & Team

12:20-12:45 Question time to all Clusters MC’s

12:45 Session Wrap-up MC’s

12:45-13:15 **Lunch – 30 minutes**

13:15-13:20 Call to order MC’s

13:20-13:40 Rotaract DRR Rex Omameh & Team

13:40-14:00 **Youth Barbara Hurwitz & Team**

14:00-14:20 Public Relations Shelley Finch & Team

14:20-14:40 Future PDG June Webber & Team

14:40-15:00 Entrepreneurship PDG Geraldine Nicol & Team

15:00-15:20 Environmental PDG Geraldine Nicol & Team

15:20-15:40 Foundation Feedback and Discussion Jerome O’Ryan & Team

15:40-16:00 Question time about Pillars MC’s

16:00-16:15 Wrap-up and DG closing



SUCCESSFUL WEBINAR

The Dept of Health and Rotary Action Group for Family Health & AIDS Prevention (RFHA) conducted the Zoom webinar on the 14th with exposure on National TV News stations, featuring the **Minister of Health, Dr Zweli Mkhize, RI President Elect, Mr Shekar Mehta and RFHA CEO Sue Paget. (See L and below)**

Rotary International President-Elect told the webinar that thanks to an education partnership in India, 250 million children are receiving a better education. He also promised Global Grant Funding for RFHA next year. This is why strategic partnerships such as Rotary Family

Health Days work! Together we are stronger and better equipped!!



Thank you for your support

22 319 people reached
8 763 active engagements



The webinar was aired on national TV, Face Book and many other platforms and was a resounding success with the figures quoted in the picture **on the left** bearing that out.

Full credit to the organising committee, made up of members of the Dept of Health, SANAC (SA National AIDS Council) and the Rotarians headed up by CEO Sue Paget and her PA Krystal who was working from the USA.

PP David Holtzhausen ran the entire IT side of the webinar single handedly without a glitch, and Sarah Paterson from Rotary Africa handled the Media side with great professionalism. It was a class act that made us all feel so PROUD

In commemoration of 2020 the Year of the Nurse and Midwife, and also as a recognition to the Nursing staff for their continued support of the Rotary Family Health Days over the past 8 years, the Rotary Clubs for all 3 Districts in South Africa and beyond are arranging events to thank the Nurses & Midwives

The Official Site Visit by Minister of Health, Dr Zweli Mkhize to the Masiphumelele Clinic to unveil a plaque in recognition of the partnership between Rotary Family Health Days, the Dept of Health, and recognise 2020 as the year of the Nurse and Midwife has been temporarily postponed.

We wait for another date to be confirmed and wish our Minister a speedy recovery

WELL DONE to ALL CONCERNED - YOU MADE US PROUD TO BE ROTARIANS



BATTLEDRESS ANNUAL REMEMBRANCE PARADE will still be taking place in the Garden of Remembrance on Kommetjie Road in Fish Hoek on **Sunday 1st November** 2020 at 17h00 but very scaled down this year under the current Covid-19 restrictions. The public are still welcome to attend the parade, but unfortunately, due to the Covid-19 restrictions, the function at the Moth Hall after the service can only be attended by those who have received an official invitation. I look forward to seeing you at our Service. Yours in true comradeship, **Ricky De Wet** Commander -Battledress Shellhole - 082 331 1807

Meeting & Speaker Programme October - December 2020

BUSINESS MEETING	20 Oct	Zoom	BUSINESS MEETING	7pm
RFHD – Nurses Recognition	23 Oct	Fish Hoek	Fish Hoek Clinic - Certificate handover	2pm
District Mini Conference	24 Oct	Zoom	Virtual Mini Conference	All day
RAID of CAPE TOWN RC	27 Oct	Zoom	Prof Jonathan Jansen	6pm
RFHD – Nurses Recognition	30 Oct	O/View	Ocean View Certificate handover	1pm
Visit to Atlantis RC	31 Oct	TBC	Proposed work party to Atlantis RC	TBC
Speaker	3 Nov	Zoom	Pastor Shaddy speaks	7pm
Board Meeting	9 Nov	TBC	Board Meeting	TBC
Business Meeting	10 Nov	Zoom	Business Meeting	7pm
	17 Nov	Zoom	TBC	7pm
Patel Wedding - Presentation	24 Nov	Zoom	A Tale of Two Patels	7pm
	1 Dec	Zoom	TBC	7pm
Rotary Youth Camp Site	6 Dec	Camp site	Rotary Pinelands - Potjie Competition	All day
	8 Dec	Zoom	TBC	7pm
Last Rotary meeting of 2020	15 Dec	Zoom	TBC	7pm
	16 Dec	TBC	Reconciliation Day Celebration	TBC

Meeting Agenda details and Rotarian Duties

	TUESDAY – 20 OCTOBER	TUESDAY - 27 OCTOBER
WELCOME by PRESIDENT KOOS	Members & guests	
LOYAL - TOAST to SOUTH AFRICA	Gillean Arnott	NO MEETING
TOAST to RI & other appropriate clubs	Luise Rouessart	RAID
TOAST to Frontline Workers	Susan O' Hagan Ward	RC OF CAPE TOWN
SECRETARIAL NOTICES		@ 5:30 for 6pm start
Introduce Speaker	BUSINESS MEETING	
SPEAKER & TOPIC		ZOOM DETAILS TO FOLLOW
Thank Speaker		
SERGEANT	Barbara Hurwitz	
FOUR WAY TEST	Marge Upfold	
THANK YOU & GOODBYE	President Koos	

HAVE A SAFE AND HEALTHY WEEK