

# Rota Views-1 August 2017 – Issue # 5

Weekly News bulletin of the

## Rotary Club Cape of Good Hope

We meet on Tuesday evenings near the tip of the Cape Peninsula  
at the St James Hotel, Main Road, St James

@ 19:00 - Visitors are always most welcome  
Excellent meal served



ROTARY:  
MAKING A  
DIFFERENCE

<b>President:</b> Marge Upfold	082 456 7453	<a href="mailto:marge_upfold@telkomsa.net">marge_upfold@telkomsa.net</a>
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<b>Web Site:</b> <a href="http://www.rotary9350-capeofgoodhope.co.za">www.rotary9350-capeofgoodhope.co.za</a>		
<b>Face Book page:</b> Cape of Good Hope Rotary Club		



ROTARY:  
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Whoever was unable to be present at our the Rotary meeting last Tuesday night missed a fabulous opportunity to meet our **AG Peter Sharples** and hear his warm and friendly approach to life in general and Rotary in particular. He is a wonderful example of a motivated Rotarian, and we were blown away by his genuine and unassuming manner. AG Peter comes from the RC of Pinelands and is the proud father of a large number of children. Sadly he lost his wife and now one of his daughters is going to live in Melbourne with his son and daughter in law but notwithstanding, he told us that there is always someone at home and things are never quiet. Thanks Peter, we are to have you as our AG this year. You are always welcome at the RC Cape of Good Hope.



AG Peter Sharples seen here with our President Marge Upfold

### Rotary remembers Sam Owori for his 'quiet confidence,' integrity, and friendship



This week we paid tribute to the late **RI President Elect, Sam Owori** who passed away suddenly after surgery to his leg. He is a true man of Africa and it is with a tremendous sadness that we say farewell to this man who was small in stature but a giant in every other way. He has been described as the **"Nelson Mandela of Africa in Rotary"**

He was accorded a State funeral after he lay in state. The service was held in his honour in the St Paul's Cathedral, Nanrembe Hills in the heart of Kampala, Uganda after which he was driven to his remote ancestral village where he will be buried. Farewell Sam Owori – We will never hear your voice again but we shall never forget you.

<https://youtu.be/Nww1vVmGdXQ>

**"Optimism is what brings us to Rotary. But Rotary is not a place for those who are only dreamers. It is a place for those with the ability, the capacity, and the compassion for fruitful service."** Sam F. Owori, 1941-2017

## ROTARY CLUB Cape of Good Hope NEWS

For the past three years ladies at the **Avenues Retirement Hotel** have presented the Rotary Club with knitted garments to give out at the **One to One** event held annually in Cape Town for the benefit of the intellectually disabled from various institutions around the Western Cape.

This event caters for approximately 2000 people ranging from 6 to 60 years and provides a day of entertainment they would otherwise not receive. It is hosted by many service organisations, schools and the Harley Davidson Club. We congratulate these ladies from the Avenues Retirement Hotel for their efforts in providing the much appreciated gifts for these disadvantaged people.

**Back L to R:** Anne Lalor, Nita Patrick, Marge Upfold President Rotary Club Cape of Good Hope & Bernadette Heyns. **Front row L to R :** Madge Fitzsimons, Heather Elliott and Brenda Sabatta.



### Madiba day – 18<sup>th</sup> July Projects **FOOD FORWARD - SA**

Dear Bev,

The late Nelson Mandela taught the world about the concept of **Ubuntu**, and that individual achievements are due to a collective effort. A heartfelt thank you from Pick n Pay and FoodForward to the 5000 volunteers that helped us collect donations over 3 days and sorted and packed over 130 tons of food, continuing the Mandela Day legacy.

Thank you to everyone for helping to make this a success. We couldn't have done it without you.

Sincerely,



Head of Smart Shopper

**Please take note of and plan for the following “events’ coming up in the near future -**

**JOLLY GOOD SHOW** of Music and Comedy- **Friday 11 August - Fish Hoek Civic Centre. at 7.30pm**

Support the ex- Rhodesian / Zimbabwe pensioners in our midst.

Tickets cost R80 and available from A P Jones or [debi@umoyafilms.com](mailto:debi@umoyafilms.com).

**The One2One Sunday 20 August at the Cape Town Stadium.** Who can assist on this day? Further details to follow.

**Cape Town Marathon- Sunday 17 Sept.** Newlands Rotary Club are looking for marshals– please support this to raise some funds for our club. Further details to follow.

**Wynberg Rotary Club QUIZ Tuesday 26 Sept** at the Tokai Earth Market. The teams of 6 – 8 people cost R60 pp

**What our members gave been up to lately.** In keeping with the request from RI President Ian Riseley, for inclusion in the RI Presidential Citation, Rotarians are asked to share all the “things” that have done in the service of Rotary

Let us know what YOU have done

**ROTARY FAMILY HEALTH**  
Watch this space ☺



**DAYS – 3-5 OCTOBER 2017**

**ROTARY INTERNATIONAL NEWS**

See article on the late RI Pres Elect – Sam Owori



**CELEBRATION CORNER**

**BIRTHDAYS – Happy Birthday**  
Congratulations



**ANNIVERSARIES –**

3 Aug Ursula Mc Cabe

2 Aug Tony & Carol Raylor

**DUTY LIST**

MEETING AGENDA	ON DUTY 1 AUGUST	8 AUGUST
Door & Guests	Thereasa Strano	Thereasa Strano
General Welcome	President Marge	President Marge
Welcome to Visitors	Thereasa Strano	Thereasa Strano
Toast to RI & South Africa	Gillian Anderson	Alan Ferguson
Secretarial Spot	Susan O’Hagan Ward	Susan O’Hagan Ward
Spots from the floor		
Grace	Alan Ferguson	Bev Frieslich
<b>DINNER</b>		
Speaker		
<b>TOPIC</b>	<b>Business Meeting</b>	<b>TBC</b>
Introduce speaker		
Thank speaker		
Sergeant at Arms	Andy Rumbelow	Alan Walters
Closing remarks & Thanks	President Marge	President Marge
Four Way Test	Hans Zwets	Gillian Anderson

**WEEKLY CLUB MEETING DETAILS & EVENTS CALENDAR – July 2017 to December 2017**

Event	Date	Venue	Details	Time
Business meeting	1 August	St James	<b>BUSINESS MEETING</b>	<b>7pm</b>
	8 August	St James	<b>TBC</b>	<b>7pm</b>
	15 August	St James	<b>TBC</b>	<b>7pm</b>
RFHD Training	19 August	Intaka Island	<b>Rotary Family Health day Training #2</b>	<b>7pm</b>
One 2 One	20 August	Cape Town Stadium	<b>One2One</b>	<b>All day</b>
	22 August	St James	<b>TBC</b>	<b>7pm</b>
Speaker	29 August	St James	<b>RI Convention in Atlanta -feedback - Bev</b>	<b>7pm</b>
Spring Bash	2 September	Fish Hoek Galley	<b>Dinner &amp; Dance</b>	<b>7pm to late</b>